



Lowther

We love learning at Lowther

Dear Parents, Carers and Friends,

We're all set for Healthy Activity Week this week. It's always a fantastic event and one the children love. On Wednesday the children should come to school in their PE kit, on Thursday as a sports star and Friday in the PE kit for Sports Day (all the details are on page 2 of this newsletter) It's going to be awesome. We look forward to parents joining in the fun too. Wishing you a happy and healthy week everyone!

Mark and Alastair

Assembly themes Keeping Healthy

We only have one assembly this week and it's on Wednesday. We're going to be talking about what being healthy means, looking at what we eat, how we rest, how we relax as well as the physical part of being healthy. We're going to get active too.

On Monday Y6 pupils are going to perform their show for the whole school. If you'd like to come to their production of "What a Knight" it's on Wednesday this week at 6pm. It's going to be great fun!

Photo of the week

It's Healthy Activity Week and so we had to have a sports photograph as the photo of the week. It's of our incredible school hockey team who secured an awesome Silver medal in the Borough Tournament.



Amazing silver medal in the Borough hockey tournament! 🏆🥈🏒 Team Lowther went undefeated all the way to the final beating East Sheen 3-2, St Elizabeth's 3-2, Thomson House 6-1, Trafalgar 5-2, The Russell 6-3, the semi final 9-6 only to narrowly lose the final. Stunning performance by Team Lowther and scoring an amazing 37 goals in total! So proud of the children. Go Team Lowther!

LOWTHER HISTORY!

Calling all former Lowther pupils! We are putting together a display board for Barnes Fair, and we would love to see any photos of Lowther pupils from years gone by.

If you have any photos that you're willing to share, please send them to lowtherhistory@gmail.com.

Reminders

The PTA's annual Summer Fair is just around the corner. It's on Saturday 6th July and has a "besides the seaside" theme this year. It's always a great event so please do support the fair in any way you can. Thank you in advance.

The Lowther School Family's annual

Sports Day



Friday 28th June 2024

Gates open: **8:40am**Start time: **9:10am**Finish time: **3pm**

(this is an approximate finish time. School finishes at the normal time of 3:30pm)

Venue: **The school Field**

Come and join us for any part of the day as we celebrate sport at Lowther. Each of the year groups, from Reception through to Year 6, will take part in a range of events over the course of the day.



SPORTS DAY 2024

This is our planned schedule for **Sports Day on Friday 28th June 2024**

All the timings below are approximate. Children can come to school in their Lowther PE sports kit for the day and we also recommend the children bring their own named water bottle. It should be a brilliant day!

Schedule for the day

9.10am Whole school warm up

We all get together outside the main hall for a bit of warm-up.

9.25am – 1130 Team Field events

The children are put in to 42 teams of approximately 6. Each team has children from other year groups in their team. Children then complete a carousel of 7 different field based activities. There are medals for the two top scoring teams.

1130-12 Fun pursuit run

There are no medals for this event but we will be showcasing children's fitness and stamina. Each year group will do a fun run from two different starting points (class groups are opposite). Children in Reception/Y1 will do 1 lap. Years 2-6 will run 2 laps of the field.

1145 – 1.30 Lunch (parents are not staying for lunch)

(Reception will be going for lunch 15 minutes earlier from 1145 – 1245 with class time 1245 -130)

Y123 lunch 12-1 Class time 1-130

12Y1 1215 Y2 1230 Y3 (lunch break 12-1)

Y45 lunch 1230-130 (class time 12-1230)

1245 Y4 1 Y5 115 Y6 (lunch break 12-1230)

1.30 – 2.30 (starting with a whole school dance) Year Group running race finals
(Sprint, Obstacle and Longer distance)

Each child will run 1 race – either a sprint, a long distance race or an obstacle race. All the finals are for each year group (rather than in class groups) There will be medals awarded for the fastest TWO in each final.

2.30 – 2.45 Year Group Relay race

2 boys and 2 girls from each class will race each against each other in a relay race (1 length of the track by each child) Y1 Beech v Y1 Pine to start, followed by each year group. No medals just for fun!

2.45-2.55 staff and parents relay

There will then be a staff and parents FUN 3 legged race. No need to sign up, just get involved when we ask for staff/parents to race!

2.55 Medals and close

We will finish our day by awarding the medals to the winning individuals and teams. We expect the day to finish at 3pm. Children will then return to class as normal. Mr Tuffney will present medals for Rec – Y2, Mr Ripley will present the medals for Y3-6.

3.30pm End of school day